



**SALT LAKE**  
SWIMMING & TENNIS CLUB

March 2010

# The COURT REPORTER

## Message from the Managers

It's that time of year—as we prepare for Salt Lake Swimming & Tennis Club's Annual Meeting, scheduled for Tuesday, May 4, 2010, at 6 p.m. Equity members are invited to prepare for the upcoming board member election by either electing to serve or voting for someone to represent them on the board. Our board consists of 9 members—3 rotate off and 3 are elected to replace them at the Annual Meeting each year. Each board member serves a 3-year term.

Board members rotating off the board this May include **John Haynes** (vice president), **Preston Eichers** (treasurer), and **Marge Pett**. The contributions of each were valuable. John's expertise as a leader in the small business world of Utah (Penna Powers Brian Haynes was named the Salt Lake Chamber Small Business of the Year at the Chambers' 107<sup>th</sup> Annual Meeting); Preston's more than 30 years of expertise as a CPA, currently an audit and tax principal for Hansen, Barnett, & Maxwell L.C.; and Marge's great analytical strengths (past recipient of distinguished teaching as well as excellence in teaching awards at the University of Utah College of Nursing). **D'Arcy Dixon Pignanelli** completed her invaluable term of service as 2009 Board Aquatics Representative. We have appreciated their honesty, we are grateful for their time, and we value their willingness to work toward the best

possible outcomes for the Club and the members.

**Heather Cooke** has graciously accepted the role of 2010 Board Aquatics Representative. She begins her term April 1, 2010.

If you wish to run for a 3-year board position beginning May 4, 2010 through May 2013, please consider the following responsibilities of board members:

- Have a commitment to the long-term betterment of the Club
- Be a voice for the Salt Lake Swimming & Tennis Club membership
- Attend monthly board meetings and serve on additional subcommittees (tennis, swimming, membership, finance, etc.)
- Be familiar with the Club's Constitution and bylaws, policies, rules, and regulations
- Work toward consensus and have the creativity to solve problems with limited resources.
- Come to play! Swim, play tennis, and bring your family and friends to enjoy the Club.

**To join our team, please create a brief statement of candidacy.** Include biographical information about your ability and willingness to serve as a voice for the membership. Share whatever personal information you wish about your family and history with the Club. Please close with a concise statement about your vision for the Club. **Submit your candidate statement to the General Managers no later than Monday, March 22, 2010.**

Salt Lake Swimming & Tennis Club

[www.thetennisclub.org](http://www.thetennisclub.org)

801-487-3206

**Candidate statements and voting ballots will be published April 5, 2010. Election results will be announced at the Annual Meeting, Tuesday, May 4, 2010.** We need people who are not only creative, honest, and have a vision for the Club, but who are willing to roll up their sleeves and go to work.

We face challenges in the current economy, but we also have many opportunities. Salt Lake Swimming & Tennis Club was awarded Utah Tennis Association's Organization of the Year a few weeks ago. Tommy Thorum is returning to build on last year's highly successful aquatics program. Mike Trabert, Byron Boyd, and the tennis professional staff are continuing to build on the Club's tennis programming. Drew Gordon is returning to head up Dad's American Deli in the snack bar. Finally, we continue to strengthen and expand our community partnerships in both aquatics and tennis. We're looking forward to another great season at the Club!

Ian Rothfels & Laurie Staton  
General Managers

### **March is Survey Month**

We are using the month of March to get your feedback on many aspects of the Salt Lake Swimming & Tennis Club. It is vital that we get honest and complete information from you to continue to improve on your experiences as members of our club, so we want to THANK YOU in advance for taking the time to complete the survey! This year, we are using Survey Monkey, which allows us a much more concise online format. **We will send the survey link out in an email to all members with a current email address.** If you don't have a computer or prefer a hard copy of

the survey, the front desk will be happy to help you out.

**The online survey will be available until March 31, 2010.** Come to this year's Annual Meeting for survey results!

### **Summer Swimming & Tennis Programs!**

We're counting down the days when we're swimming outside and playing on the outdoor courts for keeps! Sign-ups for the summer aquatics and tennis programs begin April 16, 2010 from 9 a.m. until 12 noon for members and April 23, 2010 from 9 a.m. until 12 noon for nonmembers. Director of Aquatics, Tommy Thorum, Director of Tennis, Mike Trabert, and Head Tennis Pro, Byron Boyd, have great things in store for everyone this summer!

Summer aquatics and tennis program information will be on our website March 5th. To register, all members' accounts must be current.

### **Mike Trabert Receives USPTA Intermountain Division Honor**

USPTA Intermountain Division recognized Director of Tennis, Mike Trabert, with its 2010 Industry Excellence Award at the February 13, 2010 Intermountain Division Convention at the Greenwood Athletic and Tennis Club in Denver, Colorado. The award honors USPTA-certified members who have done the most to promote tennis and thereby increased player participation in the sport. Entrepreneurial initiative also is an important criterion.

Mike was recently honored at Utah Tennis Association's Annual Meeting, January 26, 2010, with the 2009 David L. Freed Award for constantly providing leadership and example both in quality of

play and service to the game.

### **Tom Baker, Staff Profile**

We are fortunate to have a renaissance man, Tom Baker, as our facilities manager. We appreciate his attention to detail, his hard work, and his dedication to things large and small at the Club. To keep things running smoothly in a facility as large and complex as the Club's is no small feat. Even more importantly, Tom approaches every project with a craftsman's eye for detail, commitment to durability, and an appreciation for aesthetics.

Tom grew up just down the street from David L. Freed; he pulled weeds on David's tennis courts, played Junior League Tennis, and was flush with Lagoon tickets. Tom recalls David yelling at him—he was 12, having fun, and winning pro sets 8-1, 8-2—David thought Tom should be winning 8-0. Played at Reservoir Park until the lights went off and he'd walk home.

Life intervened. Vietnam ... airborne medic ... paratrooper. Worked in a burn hospital where he met Gypsy Rose Lee.

Kathy Rothfels hired Tom in the 1970's; studied photography. He's come full circle, in a sense.

Tom has won many tournaments throughout the Southwest. How did he get in shape for the Huntsman Senior Games that he won, unseeded, against a nationally-ranked player? Working a remodeling project at Wells Fargo in St. George, Tom ran up and down the stairs. Tom played in the Men's 4.5 finals in the Salt Lake Adult Indoor Tournament last month. Tom is also an artist, a musician, and a USPTA-certified tennis professional. "I consider tennis not only as an

art form but as physical chess."

In March, Tom's travels will take him to tropical Central America for an early spring break. He plans to take as many racquets as he can manage to give away to children along the way.

### **The Danger of Daily Aspirin** **(W.S.J. 2/26/2010)**

If you're taking aspirin for your heart, you may want to reconsider.

For years, middle-aged people have taken the drug in hopes of reducing the chance of a heart attack or stroke. Americans bought more than 44 million packages of low-dose aspirin marketed for heart protection in the year ended September, up about 12% from 2005, according to research firm IMS Health.

Now, medical experts say some people who are taking aspirin on a regular basis should think about stopping. "Not everybody needs to take aspirin," says Sidney Smith, a professor at the University of North Carolina who is chairing a new National Institutes of Health effort to compile treatment recommendations on cardiovascular-disease prevention. Physicians are beginning to tailor aspirin recommendations to "groups where the benefits are especially well established," he says.

### **Aspirin Advice**

Doctors have been scaling back their aspirin recommendations for people who don't already have heart disease. Here are the current guidelines from the U.S. Preventive Services Task Force:

#### **Aspirin recommended for:**

Some men 45 to 79 with risk factors for heart disease, assuming no history of ulcers or other bleeding dangers.

Some women 55 to 79 with risk factors for stroke, and no history of bleeding danger.

#### **Aspirin not recommended for:**

Men younger than 45, and women younger than 55.

Anyone 80 and older.

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3	4	5	6	
					"Stroke of the month" Tennis Clinic 10:30-11:30 am 		
	7	8	9	10	11	12	13
14	15	16	17	18	19	20	
							
	Bastian Memorial	Bastian Memorial	Bastian Memorial	Bastian Memorial	Bastian Memorial	Bastian Mem.	
	Jr. Tourney	Jr. Tourney	Jr. Tourney	Jr. Tourney	Jr. Tourney	Jr. Tourney	
21	22	23	24	25	26	27	
	Bastian Memorial	Bastian Memorial	Bastian Memorial	Bastian Memorial			
	Jr. Tourney	Jr. Tourney	Jr. Tourney	Jr. Tourney			
28	29	30	31				